Abstract of the Disclosure

The present invention relates to a system and method for increasing the cognitive

function in a fetus. The system transmits a pattern of sonic variations to the fetus. The

pattern of sonic variations is formed of a plurality of sequences of tones in which each
sequence is repeated at a predetermined tempo. Each sequence of tones is selected to be
transmitted to the fetus at a predetermined time during the term of the pregnancy.

Preferably, each subsequent sequence of tones is selected to be repeated at increasing

tempo during the term of the pregnancy, thereby providing a progressive pattern of sonic
variations. A similar system and method can be used for improving the cognitive
function of a premature baby. In addition, the present invention relates to a system and
method for altering the cognitive function in a postnatal human by transmitting aurally or
through bone conduction a progressive pattern of sonic variations or a regressive pattern
of sonic variations to the wearer of the system.